



# APRIL TENTATIVE EVENTS Page | 1

## ENTERTAINMENT:

**Joey Vincent (Comedian & Music)**

Wednesday, April 8  
7:30pm, Auditorium

**Koinonia Academy (a Catholic School Choir from Plainfield, NJ)**

Saturday, April 18  
10:00am, Auditorium

**Stephen DiJoseph (pianist)**

At Birthday Bash  
Friday, April 17  
3:00pm, Atrium

**Chester County Youth Orchestra**

Wednesday, April 29  
7:30pm, Auditorium

## TRIPS:

**Talbots Shopping Trip**

Thursday, April 2  
Depart at 8:45am  
Sign Up in Book #1

**Single Mingle- Texas Roadhouse**

Tuesday, April 14  
Depart at 3:45pm  
Sign Up in Book #1

**ROMEO Trip- The Valley House**

Thursday, April 23  
Depart at 11:30am  
Sign Up in Book #1

**Red Hatters Trip- The Valley House**

Friday, April 24  
Depart at 11:30am  
Sign Up in Book #1

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## IN-HOUSE EVENTS:

**New Resident Bocce Orientation**

Wednesday, April 1  
1:30pm, Bocce Courts at VG  
*\*Contact Ben LaGarde w/Questions*

**Men's Coffee**

Thursday, April 2  
8:00am, Vineyard Dining Room

**RAC Meeting**

Thursday, April 2  
10:30am, Auditorium

**Photo Club**

Thursday, April 2  
3:00pm, Auditorium

**Presentation: 'Betterview Trauma & Recovery of Chester County'**

Friday, April 3  
2:00-3:00pm, Auditorium

**"Shred It"**

Saturday, April 4  
Out front of IL main entrance  
10:00am

**Lapp's Farmstand (Manor Farm)**

Tuesdays, April 7 & 21  
10am-12:00pm, Atrium

**2027 Cruise Info Meeting**

Tuesday, April 7  
1:30pm, Auditorium

**Pump It For Parkinson's Day**



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Thursday, April 9

\*See Uniguest for events

**\*FVB's Community Step Goal= 500,000 steps** (*\*Optional step tracking forms will be available to fill out, and return to Activities*)

### **Women's Coffee**

Thursday, April 9

9:00am, Vineyard Dining Room

### **Sunday Selection Putting Tournament**

Sunday, April 12

2:00pm, Atrium

### **Memory Care Support Group**

Monday, April 13

1:30pm, Memory Care Dining Room

*\*2<sup>nd</sup> Monday each month*

### **Cooking Demo**

Monday, April 13

3:00pm, Auditorium

### **Holocaust Memorial Program**

Tuesday, April 14

1:00pm, Auditorium

### **Monthly FVB Fitness Center Orientation**

Tuesday, April 14

2:15pm, Sign Up In Book #2

*2<sup>nd</sup> Tuesday each month*

### **Sight & Sound Theater- "Joshua"**

Thursday, April 16 Depart at 9:15am

(\*Meal after at Hershey's Farm Restaurant)

*\* Waitlist in Book #1*

### **Dining Services Meeting**

Thursday, April 16

2:30pm, Auditorium

### **Wine Tasting**

Wednesday, April 15 & 29

2:30pm, Chesapeake Room

\$5.00pp, cash at the door

(Sonoma County, CA Wines)

### **Trivia**

Wednesday, April 15

7:30pm, Auditorium

Sign Up in book #2

### **The Village Meeting**

Thursday, April 16

10:30am, Auditorium

### **Activities Meeting**

Friday, April 17

10:00am, Auditorium

### **Birthday Bash**

Friday, April 17

3:00pm, Atrium

### **Health Fair**

Monday, April 20

2-4pm, Auditorium

### **Short Story Group**

Tuesday, April 21

1:30pm, Learning Center

### **FVB Community Connection**

Tuesday, April 21



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1-3pm , Auditorium

### **FVB Volunteer Appreciation**

Wednesday, April 22  
3:00pm, Atrium

### **Bingo**

Wednesday, April 22  
7:30pm, Auditorium

### **Murder Mystery Dinner & Show (Regency Era)**

Saturday, April 25  
5:00pm, Auditorium

Sign Up in Book #2 starting March 24  
\$25.00 per person plus a meal ticket (for  
buffet) (\*Dress in costume if you'd like)

### **Health Panel**

Monday, April 27  
Time- TBD\* , Auditorium

### **Book Discussion Group**

Tuesday, April 28  
10:00am, Card Room  
*\*4<sup>th</sup> Tues of the month*

### **Nurses & Doctors Luncheon**

Tuesday, April 28, 11:30am  
Vineyard Room  
Sign up in Book #2.  
1 meal ticket per person

### **Harriette's Nadler's Relaxing Drawing Class**

\*More info to come soon.  
Thursday, April 30 & May 7  
1:30pm-3pm

Creative Arts Rm  
Sign Up In Book #2 soon

### **Rummikub**

Sundays at 6pm, In Card Room

### **Euchre**

10:00am on Mondays, Card Room

### **Backgammon**

Mondays, 11:00am  
Card Room

### **Poker**

Mondays & Fridays  
1:00pm, Game Rm

### **FVB Cornhole Open Play**

10:30am on Tuesdays  
Auditorium

*\*Cancelled on 4/21*

\*Questions- Contact Don Pflieger

### **Mexican Train Dominos**

7:30pm in the Card Room  
on Tuesdays & Fridays

### **Mah Jongg**

Tuesdays & Fridays  
1:00pm, Card Room

### **Ping Pong**

3:00pm Tuesdays & Fridays 9:00am  
Auditorium

*\*Cancelled on 4/21*

### **Chess Club**

Wednesdays  
10:30am, Card Room

### **Pinochle**



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1:00pm Wednesdays, Card Room

### **New Scrabble Group**

Every Wednesday, 1-3pm  
Creative Arts Room  
\*ALL levels welcome

### **Village Singers Practices**

Wednesdays  
2:00pm, Auditorium

### **SHUTTLES (\*Sign Up in Book #1) :**

#### **Thorndale Shuttle**

Wednesdays- 1,8,15,22,29  
(FVB #1 RUN: 9:00am, then pick up at  
10:15am PROMPTLY)  
(FVB #2 RUN: 10:30am, then pick up at  
12:30pm PROMPTLY)

#### **Wegmans, Bank, or The Dollar Tree**

Wednesdays- 1,8,15,22,29  
Depart: 1:00pm

#### **Exton Area Shuttle**

Friday, April 10  
Depart at a10:30am  
2<sup>nd</sup> Fri each month

#### **CVS & Wawa**

Fridays- April 3,10,17,24  
Depart: 2:30pm

#### **Shady Maple Market**

\*(Once per Quarter) occurs next in May

#### **Westtown Amish Market**

\*(Once per Quarter) occurs next in June

*\*If you need to cancel your spot on shuttle  
last minute call the front desk or  
Transportation office please.*

### **EXERCISE CLASSES:**

#### **Rhythm & Waves**

Mondays & Fridays  
8:30am, 9:30am, Pool

#### **Chair Yoga**

Mondays  
11:30am Auditorium  
*\*Canceled on 4/20*

#### **Full Body Workout w/Balance**

Mondays & Fridays  
10:30am, Auditorium

#### **Sit & Fit**

Tuesdays & Thursdays  
9:00am, Auditorium  
*\*Canceled 4/21*

#### **Swim Lessons\***

Tuesdays  
10-10:45am, Pool  
*\*\*Note- tentative right now\*\**

#### **Achieving Balance with Tai Chi**

Wednesdays  
9:00am, Auditorium

#### **Aqua Fit**

Wednesdays 8:30am, Pool

#### **Silver Age Yoga**

Wednesdays and Saturdays  
10:30am Auditorium  
*\*Canceled on 4/18*



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**Low Impact Aerobics**  
Wednesdays, 11:45 am  
Auditorium

**Dance Class w/Sandra Dee**  
Thursdays, 1:00pm  
Auditorium

**Aqua Exercise**  
Saturdays, 9:00am, Pool

**“America, The Land of Immigrants Pt 2”** By: Bob Collins  
Mondays from 1:30-2:30  
April 20, 27, May 4, 11, 18  
Location- TBD, Cost: \$25

**West Chester Cardiology:**  
At FVB once per Month  
(Contact Lisa Bernard in The Wellness Office for more info.)

## HEALTH RELATED EVENTS:

**Bayada- Balance & Dexterity Stations**  
Thursday, April 9<sup>th</sup>  
2:00pm, Auditorium  
(Pump it for Parkinson’s Day! Count your steps)

**Presentation: “Stress Management” a Penn Health Talk by Christina Gamez, MSN, RN-BC, EBPC, HTCP**  
Monday, April 13th  
1-2pm, Auditorium

**Bayada Coffee Chat by Chris**  
Friday, April 24  
10:00am, Vineyard Rm

## Lifelong Learning:

### The Modern Middle East

By Jeff Heim (Continued)

Mondays- April 6, 13 from 1:30-2:30,  
Chesapeake Rm

**Presentation: “Rachel Carson: Environmentalist”**  
Friday, April 17,  
2pm, Auditorium  
Speaker- Roberta McManus

## CHURCH SERVICES:

**Catholic Communion**  
Every Sunday at  
10:30am, Auditorium

**Old Paths Baptist Church Service**  
Tuesday, April 7  
7:00pm, Auditorium  
*1<sup>st</sup> Tuesday each month*

**Bible Fellowship**  
Fridays, 10:30am  
Card Room  
(Workbook recommended)  
*See book #2*

**Pastor Chris Franz**  
Sunday, April 26  
4:15pm, Auditorium  
w/Holy Communion  
*4<sup>th</sup> Sunday each month*

**Our Lady of The Rosary Catholic Church: Father Daniel**  
Wednesday, April 29  
10:30am, Gardens Great Room  
(Usually Last Wed. every month)

**Uniquist “Questions & Answers”**



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(formally known as Touchtown)

Thursday, April 30

10:30am, Card Room

*(at the round table in the corner)*

\*\*Please view Uniguest for ALL frequent updates (use the website or the smartphone app)

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### UPCOMING EVENTS:

#### **Mother's Day Tea**

Friday, May 8

11:30am-1:00pm, Auditorium

Sign Up in Book #2

*\*(This event is for residents at FVB, no guests)*

#### **Trip to -The Reading Phillies Game**

Friday, May 29

Depart at 4:15pm, game starts at

6:45pm, \$15.00 per person

\*Dinner there on your own

Sign up In Book #1

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**The FVB Bocce League** is gearing up to start its season the week of April 13th. Anyone interested in joining play should contact Ben LaGarde at [blagarde2@gmail.com](mailto:blagarde2@gmail.com).

\*About 1/3 of our independent living residents play bocce, so this is a great way to meet your fellow residents and have fun while doing it. For more information, check out the Bocce bulletin board in the alcove next to the library.