

# THE BUGLE

#### NEWS BY AND FOR FVB RESIDENTS

# All Gave Some and Some Gave All

FVB Memorial Day Program
Monday, May 27, 10:30 am, Auditorium

Memorial Day is the nation's foremost annual day to mourn and honor its deceased service men and women. Originally called Decoration Day, it was created by the "Memorial Day Order" issued by Grand Army of the Republic Commander-in-Chief John A. Logan in 1868.



[Image by Gemini, Google's Al image generator]

We are honored to recognize and pay tribute to the brave men and women here at Freedom Village and everywhere who have served our country. Their sacrifices and dedication have contributed to the freedoms we cherish today, and it is only fitting

that we come together as a community to express our gratitude.

The program will end with a silent tribute to the FVB veterans who have passed away since last Memorial Day: John Punk, Tom Krehnbrink, Charles McKenna, Keith Scammahorn, Joseph Cannon, Richard Dujmich, Richard Spotts, and Joe Packer.

Light refreshments will be served following the program, providing an opportunity for fellowship and camaraderie.

It would be our privilege to have you join us for this meaningful occasion. For more information, please get in touch with Fred Schiller, <a href="mailto:srlsfcschiller@comcast.net">srlsfcschiller@comcast.net</a>, 610 918-4784.

That Nation which respects and honors its dead shall ever be respected and honored itself.

Lt.-Col. Edmund B. Whitman, 1868

### On June 6, Our Veterans Will Observe the 80th Anniversary of D-Day

D-Day, June 6, 1944. Allied Forces commanded by General Dwight D. Eisenhower landed 155,000 troops on the five beachheads of Normandy, France.

See Page 5 for information on a special event for vets commemorating this momentous episode in our history.

Freedom Village Brandywine - 25 years and counting

#### A Special Mother's Day Tea For the Special Moms of FVB

#### Friday, May 10, 11:30 am Greg Welch Memorial Auditorium

Each year our Activities Staff outdoes themselves in providing a stunning setting for a Mother's Day Tea. The tables are decorated with the utmost precision and creative details and Chef Ray and staff prepare a deli-

cious and mouthwatering array of tea sandwiches, appetizers, and scrumptious desserts.

Ashley Chen will provide a lovely program of harp music.



RSVP by signing up in Book #2, In-house Events, *by Monday, May 6*. You will be charged for a meal. No walk-ins, please.

#### Holocaust Remembrance Day Monday, May 6, 3:00 pm, Auditorium

It is almost 80 years since the end of World War II and the period known as the Holocaust. This is marked on the Jewish calendar every year with a special remembrance of the 6 million Jews and an undetermined number of others killed by the Nazis, including Jehovah's Witnesses, mentally and physically disabled people, and political dissenters.

We will view the film *How Saba Kept Singing*, the story of Cantor David Wisnia who survived more than three years in Auschwitz, due in large part to his extraordinary singing ability.

This hour-long video will be followed by a brief memorial ceremony. Please join us for this important observance.

# Village Singers Concert: O Hear the Joyful Music Wednesday, May 15, 7:30 pm Greg Welch Memorial Auditorium

Join us for an enchanting evening of musical discovery as we present *O Hear the Joyful Music*, featuring an array of melodies that will captivate your heart and lift your spirit. We will unveil three new pieces, each a testament to the magic of music, and offer fresh perspectives on timeless classics.

Our opening number, "The Hills Are Alive," will set the tone, and then our talented gentlemen will pour their souls into the poignant rendition of "Bring Him Home," leaving a lasting impression on all.

Experience the thrill of *Opera Non-Terrore* (Painless Opera), a unique interpretation of Rossini and Bizet masterpieces.



[Photo by Bob Kuhn]

Prepare to be moved as Judy Beavins graces us with an arrangement of "Simple Gifts," filling the air with enchantment. What is more, this is just a glimpse of what awaits you at our concert.

We will conclude our performance with the stirring "An Americana Suite," a celebration of the musical heritage of our nation and we will invite you to join us in "Let There Be Peace on Earth," a heartfelt finale that resonates with the spirit of unity and harmony.

We eagerly anticipate sharing this magical evening with you. See you in the audience!

Warm regards, Nancy Matosko

#### **Lifelong Learning**

Multi-week classes are generally held in the Learning Center on Mondays. Your account will be charged \$25 for a multi-week class and you will need to sign up in Book #2, In-house Activities.

The Friday Afternoon Lecture Series is free and there is no need to sign up.

### The Origin & History of the Mafia Instructor: Gerry Mello

Mondays, May 6 to June 10, 1:30 pm
The Learning Center

(No session on May 27, Memorial Day)

In this class, we will explore the provocative subject of the Mafia, its epoch origins, its history and evolution throughout the centuries, and its eventual migration and emergence in the United States.

Gerry will present the Mafia's customs, practices, and internal structure and its most influential personalities and families.

#### William F. Cody, aka "Buffalo Bill" Lecturer: John Meicht Friday, May 24, 2 pm, Auditorium

Buffalo Bill Cody was one of the most well-known figures of the American West. In a life that was part history and part fabrication, he came to embody the spirit of the Old West.



He is probably America's first media hero and maybe the first international "superstar" as well.

#### **Great Things to Do**

## Tasting Wines from Oregon Wednesdays, May 8 & 22 2:30 pm, Chesapeake Dining Room

Oregon wines are prized for their quality, thanks to the diverse microclimates and unique volcanic soils. Pinot Noir, in particular, shines here, but other varietals like Chardonnay and Pinot Gris also excel. Sustainability is a key focus, making Oregon wines not just delicious but environmentally conscious, too.

All are welcome, \$5 at the door.

#### Spring Fling & Birthday Bash at The Opening of the Village Green Friday, May 17, 11:30 am to 1:30 pm

Join us in the Village Green for a festive afternoon of good food, good entertainment, and great companionship.



The regular dining rooms will be closed for lunch on May 17 and those attending the party will be charged for a meal. If you don't feel like going outside, the Village Bistro will be open for (an excellent) lunch.

Note for Newcomers: The Village Green wasn't really closed. We just celebrate its opening each Spring as an excuse for another one of our great parties. (Umm. But how can you open something that wasn't actually closed? That level of abstract philosophy is beyond our present scope.)

#### **Great Things to Do**

### Fulvio Ranni and his "Keytar" Wednesday, May 1, 7:30 pm, Auditorium

Originally from Abruzzo Italy, Fulvio studied piano at the Conservatory in Parma, Italy, then jazz in Zürich, Switzerland. From 1993 to 1996 he toured Europe, then moved to the US.



Since his arrival, he has performed regularly throughout the Philadel-

phia region for a host of events and has been described as "highly dynamic".

#### **Lenape Brass**

#### Wednesday, May 8, 7:30 pm, Auditorium

Performances by the Lenape Brass include light classics, ragtime, hymns, Broadway hits, and popular and patriotic selections.



### An Important Note About Trip Reservations

Please be aware that for travel events such as trips to Longwood Gardens, the Reading Phils, and the Sight and Sound Theater, we must purchase tickets well in advance, requiring upfront costs. If you sign up for one of these trips but later need to cancel, kindly inform Community Life Services, and remove your name from the list.

However, if a ticket has already been purchased and your spot cannot be filled from the waiting list, you will be responsible for the cost of that ticket.

#### Visit James Buchanan's Wheatland Monday, May 6, leaving at 9:45 am

President James Buchanan's home, Wheatland, is a two-story, brick Federal-style

house located in Lancaster. Built in 1828, it has 22 rooms and sits on 10 acres of land. Buchanan purchased the home in 1848 and lived there until he died in 1868.



The house is now a museum and is open to the public for tours. The cost for the trip will be \$15.00. Sign up in Book #1, Trips.

#### Single Mingle at Hood's BBQ Tuesday, May 14, leaving at 11:30 am

"For the past 30 years, the Hood family have been serving up home-style comfort food for the southern Chester County area and beyond." They specialize in slowroasted BBQ Pulled Pork, Smoked Beef Brisket, Baby Back Ribs, BBQ Chicken, and Smoked Sausage. Sign up in Book #1.

### R.O.M.E.O. at the Stampede BBQ Thursday, May 23, leaving at 11:50

"Stampede Barbecue started in 2012 with a passion for Texas Barbecue. From a road-side stand to a permanent location, we've grown into a gathering spot for friends, families, and locals.

"Our mission is simple: to offer the best barbecue experience with premium meats, homemade sides, and a commitment to tradition. Come join us and taste the essence of Texas Barbecue while celebrating American tradition!"

Sign up for the Stampede in Book #1.



#### The Red Hatters at The Long Way Home Restaurant Friday, May 24, leaving at 11:35 am

"The Long Way Home restaurant at the Waynebrook Inn in Honey Brook has a 4.1 rating out of 5 based on 150 reviews. Some say the restaurant has good food and drinks at good prices, and that the staff is responsive. Others praise the atmosphere, service, and food." Sign up in Book #1.

#### Dine at Woody's Crab House Thursday, May 30, leaving at 10:15 am

A long-time FVB favorite destination, Woody's is in the small town of North East, Maryland. Many of their recipes are treasured by the families of this former fishing village. They prepare and serve the freshest, finest crab and fish entrées available.

Although most of the fishing fleet is gone, the traditions of Eastern Shore living and hospitality are kept alive by the locals.



Woody's has been honored countless times for "best of" crab cakes, crabs, and seafood. Once you have experi-

enced the food and atmosphere you will see why this spot received rave reviews in many national publications.

#### **Future Events**

### FVB Veterans to Observe the 80th Anniversary of D-Day

On June 6, 1944, under the command of General Dwight D. Eisenhower, the Allied Forces undertook a momentous operation. This endeavor saw the landing of 155,000 combat-ready troops on five beachheads in Normandy, France.

Officially designated *Operation Overlord*, this historic invasion is universally recognized as *D-Day*. In the annals of history, D-Day stands as the pivotal moment heralding the beginning of the end of World War II in Europe.

In the pre-dawn darkness of June 6th, 18,000 elite combat troops, including the U.S. 82nd and 101st Airborne Divisions and British and Canadian Armored and Infantry Divisions, descended upon five strategic beaches in Normandy. Their mission was to secure critical roads and bridges vital to the invasion. Subsequently, a massive armada of 7,000 ships and 14,000 flights transported over one million combat troops into France, driving the Nazis back to Germany.



We remember the valor and sacrifice of those who fought and died on D-Day, and we honor their legacy.

Hollywood immortalized this pivotal day in *The Longest Day*, a compelling film well worth watching. In collaboration with the National D-Day Memorial in Bedford, VA, LCS management will host a live-feed watch party of this film for our veterans on June 6.

For more information, please contact Ed Ferrari at ejfret@outlook.com.

### Come Along to Longwood Gardens Monday, June 3, leaving at 9:30 am

Surely you don't need to be told about this world-famous Kennett Square botanical wonderland with over 1,077 acres of greenhouses, gardens, woodlands, and meadows.

If you have never been, go. If you have been, well, consider going again. Sign up in Book #1.

#### See The Reading Fightin' Phils

Thursday, June 27, leaving at 5:00 pm Gametime is 7 pm with fireworks to follow



The Reading Fightin' Phils, a Double-A affiliate of the Philadelphia Phillies, are

excited to announce upgrades to America's Classic Ballpark. The Redner's Event Center will provide an amazing venue to watch games. A component of the project is a new video board and ribbon board. The images will be bigger and sharper than ever before, offering a pristine in-park experience.

This fun trip will cost \$14. Reserve your spot by signing up in Book #1.

#### **Health & Wellness**

#### **Navigator News**

Navigator News is a monthly health and wellness newsletter, created by LCS. You may have seen copies in the mail room or with earlier distributions. Henceforth, it will be included in the monthly package containing the Bugle, the Birthdays List, and the Calendar.

#### AI: Friend or Foe?

Artificial intelligence (AI) is making waves. These computer systems can learn, solve problems, and even create content, like the pickleball paddle thank-you note we asked our AI assistant, Gemini, to write. (Who knew AI had a sense of humor?).

Thank you so much for the awesome pickleball paddle! I can't wait to get out on the court and "dill" with it!

Seriously though, this is a fantastic gift, and I appreciate it. See you on the court soon!

But with great power comes responsibility. Teachers worry about students using AI for homework or essays. AI is far from perfect. There have been cases of AI apps giving inaccurate or just plain wrong legal and tax information. Never rely solely on AI advice, especially for important matters. The "A" is always *artificial*, but the "I" is not always fully *intelligent*.

And now, scammers are getting in on the act. AI can be used to mimic real voices, making phone scams even more deceptive.

Protect yourself by being skeptical of unexpected calls. If a friend or relative asks for money or personal information or speaks in a way that seems unusual, hang up, even if you recognize their voice. Verify by calling them back at a known and trusted number.

Don't be fooled by an emotional appeal. Take a moment to calm down and reflect before you respond.

Here's a great article on this topic: <a href="https://www.wired.com/story/how-to-pro-tect-yourself-ai-scam-calls-detect/">https://www.wired.com/story/how-to-pro-tect-yourself-ai-scam-calls-detect/</a>

[Editor's Note: A half-century ago, when I was actively working in AI, we would define AI research as, "working to make computers work the way they do in the movies."]

#### Other Things of Interest

### D'ya Remember the Parkinson's Step-Counting Day?

April 11 was "Pump it for Parkinson's" day and we were asked to count our steps that day as part of an effort to raise awareness of the benefits of exercise for seniors suffering from that awful condition.

The overall national goal was to collect 10,000,000 steps and we signed up for 30,000 at FVB. Oh, how we underrated ourselves! Our final count was **367,322!** 

This event was not a fundraiser. If you wish to support Parkinson's research, we suggest the Michael J. Fox Foundation.

#### Bye-bye Touchtown, Hello Uniguest

The company that provides the software for

our Touchtown bulletin board announcements has decided that they are now the "Uniguest Community." While things may look a bit different, there will not be any feature changes. The square with the Ů in the illustration is the new app logo.



### **Travel Medical Insurance** for International Travelers

Here is some advice from Ted Trevorrow, an insurance expert, and an FVB resident:

Many travelers are confused about "travel insurance." There are two types:

 Trip Cancellation/Interruption Insurance covers unexpected events that might force you to cancel your trip or to cut it short.  Travel Medical Insurance provides medical coverage while you're outside the United States. This is what we'll focus on here.

#### Medicare and Travel:

- Original Medicare generally offers no coverage outside the US.
- Some Medicare Advantage and Medigap plans include limited travel medical coverage, often with a maximum lifetime benefit of \$50,000.

#### Travel Medical Insurance Tips:

- Purchase a Travel Medical Insurance Policy specifically for your trip. Many excellent options are available.
- To ensure coverage for pre-existing conditions, buy the policy within 10 days of making your first trip payment.
- Best practice: Get your medical insurance as soon as your trip itinerary is set and before making any travel payments.
- Consider consulting a trusted insurance broker to find the right policy for your needs.

By following these tips, you can ensure you have proper medical coverage and peace of mind while traveling abroad.

### Al Apps for Beginners (Single-Session Class)

Curious about AI apps like Gemini and ChatGPT? Join Dick Wexelblat for a onetime, hands-on tutorial. In this 1-hour session, you'll gain a foundation in using these exciting tools.

Please note that while he has a good bit of experience using these apps, Dick is still learning their ins and outs himself. The session will get you started, but you will very likely want to explore further through tutorials and videos.

The sessions will be held in condo 323 at 2:30 pm. Sign up in book #2 for May 8th, 15th, 22nd, **or** 29th. (Choose one.) If all sessions are full, add your name to the waiting list in Book #2.

#### Be In the Know

What's happening and what's coming up at Freedom Village? These key information meetings are all held in the *Greg Welch Memorial Auditorium*.

### RAC Meeting Thursday, May 2, 10:30 am

Get the latest updates and stay empowered. Executive Director Danielle Geyer and Resident Advisory Council members will share all the latest news with us.

### Village Meeting No Meeting in May. C.U. in June.

### Activities Meeting Wednesday, May 15, 11 am

Each month the Community Life Services folks host a get-together to tell you what's coming up next month... and beyond. Take advantage of this unique opportunity to find out about future trips, events, and other goings on, and to suggest future activities.

The deadline for the June issue of the Bugle is May 22.

Last Minute Note: Be sure to see the May In-House TV Guide for a special new series on "The Making of Modern Ukraine"

#### **Publications Staff**

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Production - Kim Ranck, Shana Kelly & the Resident Folding Crew

### Decoration Day Henry Wadsworth Longfellow

Sleep, comrades, sleep and rest On this Field of Grounded Arms, Where foes no more molest, Nor sentry's shot alarms!

Ye have slept on the ground before, And started to your feet At the cannon's sudden roar, Or the drum's redoubling beat.

But in this camp of Death No sound your slumber breaks; Here is no fevered breath, No wound that bleeds and aches.

All is repose and peace, Untrampled lies the sod; The shouts of battle cease, It is the Truce of God!

Rest, comrades, rest and sleep! The thoughts of men shall be As sentinels to keep Your rest from danger free.

Your silent tents of green We deck with fragrant flowers Yours has the suffering been, The memory shall be ours.