**Entrées Available All Week**

*Freedom Village at Brandywine*

Saturday, September 28, 2019

**Starters**

- Corn Chowder
- Chopped Salad
- Chicken Noodle Soup
- Carrot, Apple and Raisin Salad

**Seasonal Entrees**

**Cheese tortellini**
Cheese tortellini with sundried tomato cream sauce

- 🍗 **Baked Trout Romano**
  Trout baked with a breadcrumb and Romano cheese crust.

- **Veal Chop**
  Veal chop lightly seasoned and braised until tender.

- **Chicken Salad with Fried Oysters**
  Panko fried oysters and traditional chicken salad on a bed of lettuce.

**Resident Favorites**

- 🍗 **Poached Salmon**
- 🍗 **Baked Potato**

- Classic Cheese Omelet
- 🍗 **Steamed Broccoli**

*Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.*

We invite you to share your comments with your Dining Leaders.
Lunch Menu

Freedom Village at Brandywine
Saturday, September 28, 2019

Featured Entrees

 Ø Tilapia with Citrus Vinaigrette
Pan seared tilapia with a citrus white wine shallot sauce.

Chicken Kiev
Tender breast of chicken stuffed with garlic-herb butter, breaded and fried.

Filet Mignon
Seasoned beef tenderloin filet grilled until tender and juicy.

Accompaniments

Italian Style Eggplant Ø Brown Rice Pilaf with Herbs

 Ø Steamed Chef's Fresh Vegetables Buttered Parslied Egg Noodles

Desserts

Chocolate Chip Cookie No Sugar Added Ice Cream of the Day

Brookdale Signature Cookie Ice Cream Sundae Ø Fresh Fruit Cup

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Dinner Menu

Freedom Village at Brandywine
Saturday, September 28, 2019

Featured Entrees

☼ Tilapia with Citrus Vinaigrette
Pan seared tilapia with a citrus white wine shallot sauce.

Beef Short Ribs
Tender bone-in beef short ribs served with tomatoes and a mustard sauce.

Chicken Kiev
Tender breast of chicken stuffed with garlic-herb butter, breaded and fried.

Chef's Special

Accompaniments

Italian Style Eggplant ☼ Brown Rice Pilaf with Herbs

☼ Steamed Chef's Fresh Vegetables Buttered Parslied Egg Noodles

Desserts

Chocolate Chip Cookie No Sugar Added Ice Cream of the Day

Brookdale Signature Cookie Ice Cream Sundae ☼ Fresh Fruit Cup

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